

Coalition for the Application and Advancement of Psychological Science (CAAPS)

Psychology Expert Media Panel

CAAPS is a coalition of professional associations that are committed to the dissemination of psychological science.

CAAPS associations currently include:

Academy of Psychological Clinical Science ([APCS](#))
American Psychological Association ([APA](#)), practice directorate
Association for Behavioral and Cognitive Therapies ([ABCT](#))
Association for Psychological Science ([APS](#))
Council of Graduate Departments of Psychology ([COGDOP](#))
Council of University Directors of Clinical Psychology ([CUDCP](#))
Psychological Clinical Science Accreditation System ([PCSAS](#))
Society of Clinical Child & Adolescent Psychology ([SCCAP](#))
Society for Research in Psychopathology ([SRP](#))
Society for a Science of Clinical Psychology ([SSCP](#))

The CAAPS Psychology Expert Media Panel includes internationally renowned experts in psychological science who can offer the best possible commentary on the state of the scientific literature. Each member of this panel also has substantial experience working with the media, and each has agreed to be very responsive to media requests.

For more information about CAAPS or the CAAPS Expert Media Panel, please contact the CAAPS Executive Committee:

Bethany Teachman, Ph.D. (bteachman@virginia.edu)
Dean McKay, Ph.D., (mckay@fordham.edu)
Mitch Prinstein, Ph.D. (mitch.prinstein@unc.edu)

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ADHD

Stephen Hinshaw



Expertise: ADHD

Other Areas of Expertise:

- Learning and behavior disorders beyond ADHD, Clinical trials of psychosocial and pharmacologic treatments, Stigma surrounding mental illness

Titles/Positions:

- Professor of Psychology, UC Berkeley
- Professor of Psychiatry, UC San Francisco

Contact Information:

hinshaw@berkeley.edu

Clinical Activities: not currently offering services.

Media Links:

- [KQED Radio, July 2017](#)
- [KERA Think, July 2017](#)
- [NBC News, Dec. 2014](#)
- [NY Times, Feb. 2014](#)
- [Hinshaw Lab](#)

Anxiety-Youth

Anne Marie Albano



Expertise: Anxiety in Youth

Other Areas of Expertise:

- Anxiety, Depression, CBT, Diagnosis, Clinical trials, Stigma, Adolescents and young adults, Developmental issues, Parenting, Involving parents in treatment of adolescents and young adults.

Title/Position:

- Professor of Medical Psychology in Psychiatry
- Director of the Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
- Clinical Director of the NYPH Youth Anxiety Center at CUCARD
- Co-Director at Washington Heights Columbia University Medical Center and New York State Psychiatric Institute, New York, NY

Contact Information:

AnneMarie.Albano@nyspi.columbia.edu

Clinical Activities: currently treating adolescents, particularly those with anxiety disorders.

Media Links:

- [92nd Street, Y Feb. 2017](#)
- [Charlie Rose, April 2017](#)
- [NY Times, July 2016](#)
- [Big Think, July 2015](#)

John Piacentini



Expertise: Anxiety in Youth

Other Areas of Expertise:

- OCD, Tourette/tic disorders, Hairpulling (Trichotillomania) and Skinpicking Disorders, Cognitive Behavior Therapy, Parenting, Impact of mental illness of families, Impact of social media on child stress/anxiety

Title/Position:

- Professor and Director, Center for Child Anxiety, Resilience, Education and Support (CARES), Department of Psychiatry and Biobehavioral Sciences, University of California, Los Angeles

Contact Information:

jpiacentini@mednet.ucla.edu

Clinical Activities: provides evaluation and treatment for OCD spectrum and related disorders through the UCLA Child OCD, Anxiety and Tic Disorders Program.

Media Links:

- [Today Show, Oct. 2016](#)
- [Vogue Magazine, Nov. 2016](#)
- Kidsinthehouse.com

Anxiety-Adults

Jon Abramowitz



Expertise: Anxiety in Adults, including OCD

Other Areas of Expertise:

- Anxiety, panic, health/illness anxiety, social anxiety, phobias, CBT, DSM-5

Title/Position:

- Professor and Associate Chair of Psychology and Neuroscience at UNC Chapel Hill

Contact Information:

jabramowitz@unc.edu

919-843-8170

Clinical Activities: diagnoses, consults, and treats anxiety and related disorders including OCD in adults and families.

Media Links:

- <http://www.jabramowitz.com/>
- [UNC Chapel Hill](#)

Autism

Catherine Lord



Expertise: Autism

Titles and Positions:

- Professor of Psychology in Psychiatry and Pediatrics, Weill Cornell Medical College
- DeWitt Wallace Senior Scholar, Weill Cornell Medical College, Cornell University
- Director, Center for Autism and the Developing Brain at Weill Cornell Medical College/New York-Presbyterian Hospital and Columbia University Medical Center
- Attending Psychologist, New York-Presbyterian Hospital
- Teachers College, Columbia University

Contact Information:

cal2028@med.cornell.edu

Clinical Activities: diagnoses and treats children with ASD.

Media Links:

- [New York Presbyterian](#)
- [Weill Cornell Medical College](#)

Behavioral Health Care Quality Assessment/Improvement

Kimberly Hepner



Expertise: Behavioral health care quality assessment/improvement (MH, SUD); Military and veteran mental health (PTSD, MDD, SUD)

Title/Position:

- Senior Behavioral Scientist, RAND Corporation

Contact Information:

media@rand.org
310-451-6913

Clinical Activities: licensed clinical psychologist who delivers evidence-based psychotherapy to adolescent and adult patients.

Media Links:

- [RAND Corporation](#)
- [CBS News, Oct. 2016](#)
- [USA Today, Feb. 2016](#)
- [Washington Post, Feb. 2016](#)
- [NY Daily News, Aug. 2015](#)

Binge Eating and Obesity

Denise Wilfley



Expertise: Binge Eating/Obesity

Other Areas of Expertise:

- Eating disorders, Interpersonal Psychotherapy for the treatment of ED, Family-based behavioral treatment (FBT)

Titles and Positions:

- Scott Rudolph University Professor of Psychiatry, Medicine, Pediatrics, and Psychological & Brain Science, Washington University in St. Louis

Contact Information:

wilfleyd@wustl.edu

Clinical Activities: not currently offering direct clinical services, but I am a licensed clinical psychologist and specialize in eating disorders, Interpersonal Psychotherapy, and family-based behavioral treatment.

Media Links:

- [Weight Management & Eating Disorders Program](#)
- [Washington University School of Medicine](#)
- [TEDx Talk, March 2017](#)
- [Medscape, April 2015](#)
- [TIME Magazine, Jan. 2015](#)

Bipolar Disorder

Sheri Johnson



Expertise: Bipolar Disorder

Title/Position:

- Professor of Psychology and Director of Cal Mania (CALM) Program, University of California Berkeley

Contact Information:

sljohnson@berkeley.edu

Clinical Activities: provides adult assessment, and treatment development research focused on impulsivity and bipolar disorder.

Media Link: [CALM Program](#)

David Miklowitz



Expertise: Bipolar Disorder

Other Areas of Expertise:

- Bipolar disorder: effects of Family factors and family interventions across age ranges; early intervention studies

Title/Position:

- Professor of Psychiatry, UCLA School of Medicine

Contact Information:

dmiklowitz@mednet.ucla.edu
310-267-2659

Clinical Activities: currently seeing kids, adolescents and young adults with bipolar spectrum disorders.

Media Links:

- [UCLA Semel Institute](#)
- [Child & Adolescent Mood Disorders Program](#)

Cognitive Behavioral Therapy

G. Terence Wilson



Expertise: CBT, Evidence-Based Practice, Eating Disorders

Titles/Position:

- Oscar K. Buros Professor of Psychology, Rutgers University

Contact Information:

tewilson@rci.rutgers.edu

Clinical Activities: formerly treated adults with eating disorders, anxiety, and depression.

Media Link: [Rutgers University](#)

Couple Therapy and Marriage Counseling

Brian Doss



Expertise: Couple Therapy and Marriage Counseling

Other Areas of Expertise:

- Online programs to improve relationships, Divorce, Couple's adjustment to having first child / transition to parenthood

Title/Position:

- Associate Professor of Psychology, University of Miami
- Director of OurRelationship.com

Contact Information:

bdoss@miami.edu

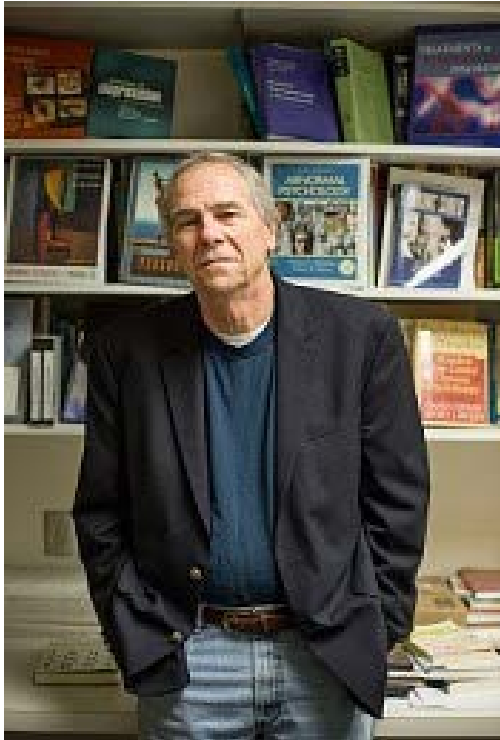
Clinical Activities: treats relationship distress via online treatments; supervises doctoral students in couple therapy.

Media Links:

- [Merced Sun-Star, Feb. 2013](#)
- [NY Times, June 2010](#)
- [University of Miami](#)
- www.ourrelationship.com

Depression-Adults

Steven D. Hollon



Expertise: Depression in Adults

Other Areas of Expertise:

- Depression, treatment and prevention, long-term enduring effects, clinical practice guidelines

Title/Position:

- Gertrude Conaway Vanderbilt Professor of Psychology, Vanderbilt University

Contact Information:

steven.d.hollon@vanderbilt.edu

Clinical Activities: diagnoses and treats depressed adults in the context of his research studies.

Media Link: [Vanderbilt University](#)

Jutta Joormann



Expertise: Depression in Adults

Other Areas of Expertise:

- Suicide, Anxiety Disorders

Title/Position:

- Professor of Psychology, Yale University
- Director of the Yale Affect Regulation and Emotion (ARC) Lab

Contact Information:

jutta.joormann@yale.edu

Clinical Activities: not currently offering services.

Media Links:

- [Yale University](#)
- [YaleCourses, May 2013](#)

Disruptive Behavior

Alan Kazdin



Expertise: Disruptive Behavior and Parenting

Other Areas of Expertise:

- Child rearing practices, Handling child anxiety, Fostering parent-child communication, Spanking, Alternatives to punishment; Adolescent development and parenting, Bullying, Stress and its psychological and biological impact (adults, children), Children and adolescents and the media (e.g., video games, internet, the news, reliance on phones and tablets), Managing divorce (e.g., conflict, custody), Child psychiatric disorders, Mental health services for adults in the US, Psychological treatments for adults and children, School shootings, Child abuse, Parent abuse, Domestic violence.

Titles and Positions:

- Sterling Professor of Psychology and Child Psychiatry, Yale University
- Director of the Yale Parenting Center

Contact Information:

alan.kazdin@yale.edu

Clinical Activities: not currently offering services.

Media Links:

- alankazdin.com
- [Yale Parenting Center](#)
- [TODAY Show, 2014](#)
- [The Wall Street Journal, Dec. 2012](#)
- [Dr. Phil Show, June 2011](#)
- [Big Think, May 2011](#)

Eating Disorders

G. Terence Wilson



Expertise: CBT, Evidence-Based Practice, Eating Disorders

Titles and Positions:

- Oscar K. Buros Professor of Psychology, Rutgers University

Contact Information:

tewilson@rci.rutgers.edu

Clinical Activities: formerly treated adults with eating disorders, anxiety, and depression.

Media Link: [Rutgers University](#)

Cynthia Bulik



Expertise: Eating Disorders

Titles/Positions:

- Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill
- Founding Director of the University of North Carolina Center of Excellence for Eating Disorders

Contact Information:

cbulik@med.unc.edu

Clinical Activities: not currently performing direct clinical work; however, I am a licensed clinical psychologist and continue to supervise psychotherapy in clinical trials for eating disorders.

Media Links:

- [Center of Excellence for Eating Disorders](#)
- [UNC Department of Psychiatry](#)
- [Karolinska Institute, Nov. 2015](#)
- [TODAY Show, April 2014](#)
- [Katie Couric Interview, Sept. 2012](#)

Carolyn Becker



Expertise: Eating Disorders & Body Image

Titles/Positions:

- Professor of Psychology, Trinity University, San Antonio, TX

Contact Information:

cbecker@trinity.edu

Clinical Activities: not currently performing direct clinical work; I am a licensed clinical psychologist and board certified in behavioral and cognitive psychology. Clinical specialties include eating disorders, PTSD, and anxiety disorders. Extensive experience using exposure therapy with adults.

Media Links:

- [Selected Works](#)
- [Body Project Collaborative](#)
- [NY Times, Feb. 2013](#)
- [TIME Magazine, Aug. 2011](#)
- [TIME Magazine, Oct. 2010](#)
- [StudioAPilates, June 2010](#)

Evidence-Based Practice

Dianne Chambless



Expertise: Evidence-Based Practice

Other Areas of Expertise:

- Anxiety Disorders, Cognitive-Behavioral Therapy, Family Relationships and Outcome of Treatment

Titles/Positions:

- Professor of Psychology, University of Pennsylvania

Contact Information:

chambless@psych.upenn.edu

Clinical Activities: diagnoses and treats adults and couples dealing with anxiety problems.

Media Links:

- [University of Pennsylvania](#)
- [NY Times, June 2015](#)
- [NY Times, Aug. 2004](#)

Bruce Chorpita



Expertise: Evidence-Based Practice

Other Areas of Expertise:

- Child and Adolescent Mental Health Service Systems, Training and Mental Health Workforce Issues

Titles/Positions:

- Professor of Psychology, Psychiatry and Biobehavioral Sciences, University of California, Los Angeles

Contact Information:

chorpita@ucla.edu

Clinical Activities: licensed psychologist who supervises doctoral and postdoctoral therapists serving youth and families with a variety of mental health concerns.

Media Link: [Child F.I.R.S.T.](#)

Dean McKay



Expertise: Evidence-Based Practice

Other Areas of Expertise:

- Obsessive-compulsive and related disorders, Anxiety Disorders, Disgust in Psychopathology, Misophonia

Titles/Positions:

- Professor of Psychology, Fordham University

Contact Information:

mckay@fordham.edu

Clinical Activities: direct service delivery for anxiety disorders and obsessive-compulsive related disorders. Extensive experience with these conditions in children and adults.

Media Links:

- [Fordham University](#)
 - [NY Daily News, March 2017](#)
 - [Fordham University News, July 2015](#)
-

John Weisz



Expertise: Evidence-Based Practice

Other Areas of Expertise:

- Psychotherapy effects in research and in everyday practice settings, Meta-analysis

Titles/Positions:

- Professor of Psychology, Harvard University
- Professor, Harvard Medical School

Contact Information:

john.Weisz@harvard.edu

Clinical Activities: not currently offering services, but I am a licensed clinical psychologist providing clinical supervision for treatment of child and adolescent anxiety, depression, and conduct problems.

Media Link: [Harvard University](#)

G. Terence Wilson



Expertise: CBT, Evidence-Based Practice, Eating Disorders

Titles/Positions:

- Oscar K. Buros Professor of Psychology, Rutgers University

Contact Information:

tewilson@rci.rutgers.edu

Clinical Activities: formerly treated adults with eating disorders, anxiety, and depression.

Media Link: [Rutgers University](#)

Hoarding

Gail Steketee



Expertise: Hoarding

Title/Position:

- Professor and Dean Emerita, Boston University

Contact Information:

steketee@bu.edu

781-0641-0901

Clinical Activities: not currently offering services.

Media Links:

- [NPR, May 2010](#)
- [Gracepoint Wellness](#)

LGBTQ+ Issues

John Pachankis



Expertise: LGBTQ issues

Titles/Positions:

- Associate Professor of Social and Behavioral Sciences, Yale School of Public Health

Contact Information:

john.pachankis@yale.edu

Clinical Activities: licensed psychologist; clinical specialties include depression, anxiety, substance use, sexual compulsivity among gay/bi/queer men.

Media Links:

- [Yale School of Public Health](#)
- [Huffington Post, March 2017](#)
- [Huffington Post, Feb. 2016](#)

Brian Mutanski



Expertise: LGBTQ issues

Other Areas of Expertise:

- HIV/AIDS Prevention, Epidemiology, Risk Groups

Titles/Positions:

- Professor of Medical Social Sciences, Psychiatry, and Psychology, Northwestern University
- Director, Institute for Sexual and Gender Minority Health and Wellbeing, Northwestern University

Contact Information:

brian@northwestern.edu

Clinical Activities: not currently providing clinical care, but I am a licensed clinical psychologist.

Media Links:

- [Northwestern University](#)
- [PBS News, Feb. 2017](#)
- [WBEZ 91.5 Chicago, Aug. 2016](#)
- [Reuters, April 2016](#)

Military and Veteran Mental Health

Kimberly Hepner



Expertise: Behavioral health care quality assessment/improvement (MH, SUD); Military and veteran mental health (PTSD, MDD, SUD)

Title/Position:

- Senior Behavioral Scientist, RAND Corporation

Contact Information:

media@rand.org
310-451-6913

Clinical Activities: licensed clinical psychologist who delivers evidence-based psychotherapy to adolescent and adult patients.

Media Links:

- [RAND Corporation](#)
- [CBS News, Oct. 2016](#)
- [USA Today, Feb. 2016](#)
- [Washington Post, Feb. 2016](#)
- [NY Daily News, Aug. 2015](#)

Neuroscience Imaging and Mental Health

Katie McLaughlin



Expertise: Child Trauma and PTSD;
Mental Health and Neuroscience/
Imaging

Title/Position:

- Associate Professor, Department of Psychology, University of Washington

Contact Information:

mclaughk@uw.edu
206-616-7863

Clinical Activities: assesses and treats children exposed to trauma.

Media Link: [University Of Washington](#)

New Technology & Mental Health

John Torous



Expertise: New technology and mental health

Title/Position:

- Co-Director, Digital Psychiatry Program at Beth Israel Deaconess Medical Center, Harvard Medical School

Contact Information:

jtorous@bidmc.harvard.edu

Clinical Activities: diagnoses and treats patients of all disorders and ages (except children) in the psychiatric hospital unit.

Media Links:

- <http://www.johntorousmd.com/>
- [Buzzfeed, May 2017](#)
- [MIT Technology Review, April 2017](#)
- [NY Times, Nov. 2016](#)

OCD-Adults

Jon Abramowitz



Expertise: Anxiety in Adults, including OCD

Other Areas of Expertise:

- Anxiety, panic, health/illness anxiety, social anxiety, phobias, CBT, DSM-5

Title/Position:

- Professor and Associate Chair of Psychology and Neuroscience at UNC Chapel Hill & Director of the UNC Anxiety Clinic

Contact Information:

jabramowitz@unc.edu

919-843-8170

Clinical Activities: diagnoses, consults, and treats anxiety and related disorders including OCD in adults and families.

Media Links:

- <http://www.jabramowitz.com/>
- [UNC Chapel Hill](#)

Parenting

Alan Kazdin



Expertise: Disruptive Behavior and Parenting

Other Areas of Expertise:

- Child rearing practices, Handling child anxiety, Fostering parent-child communication, Spanking, Alternatives to punishment; Adolescent development and parenting, Bullying, Stress and its psychological and biological impact (adults, children), Children and adolescents and the media (e.g., video games, internet, the news, reliance on phones and tablets), Managing divorce (e.g., conflict, custody), Child psychiatric disorders, Mental health services for adults in the US, Psychological treatments for adults and children, School shootings, Child abuse, Parent abuse, Domestic violence.

Titles/Positions:

- Sterling Professor of Psychology and Child Psychiatry, Yale University
- Director of the Yale Parenting Center

Contact Information:

alan.kazdin@yale.edu

Clinical Activities: not currently offering services.

Media Links:

- alankazdin.com
- [Yale Parenting Center](#)
- [TODAY Show, 2014](#)
- [The Wall Street Journal, Dec. 2012](#)
- [Dr. Phil Show, June 2011](#)
- [Big Think, May 2011](#)

Personality Disorders

Joshua Buckholtz



Expertise: Personality Disorders

Other Areas of Expertise:

- Addiction, Antisocial Behavior, Psychopathy, Self-Control

Titles/Positions:

- Associate Professor of Psychology and Center for Brain Science, Harvard University

Contact Information:

joshuabuckholtz@fas.harvard.edu

Clinical Activities: not currently providing any clinical services.

Media Links:

- [Harvard University](#)
- [WBUR, Aug. 2014](#)
- [PBS News, Feb. 2013](#)
- [Mass General Hospital, Oct. 2012](#)

Scott Lilienfeld



Expertise: Personality Disorders and Pseudoscience

Titles/Positions:

- Samuel Candler Dobbs Professor of Psychology, Emory University

Contact Information:

slilien@emory.edu

Clinical Activities: a clinical psychologist by training, but am not presently seeing clients. Occasionally does clinical interviewing with patients.

Media Links:

- [Emory University](#)
- [Psychology Today](#)
- [NY Times, Sept. 2015](#)

Pseudoscience

Scott Lilienfeld



Expertise: Personality Disorders and Pseudoscience

Titles/Positions:

- Samuel Candler Dobbs Professor of Psychology, Emory University

Contact Information:

slilien@emory.edu

Clinical Activities: a clinical psychologist by training, but am not presently seeing clients. Occasionally does clinical interviewing with patients.

Media Links:

- [Emory University](#)
- [Psychology Today](#)
- [NY Times, Sept. 2015](#)

Post-Traumatic Stress Disorder-Youth

Katie McLaughlin



Expertise: Child Trauma and PTSD, Mental Health and Neuroscience/Imaging

Title/Position:

- Associate Professor, Department of Psychology, University of Washington

Contact Information:

mclaughk@uw.edu

206-616-7863

Clinical Activities: assesses and treats children exposed to trauma.

Media Link: [University Of Washington](#)

Post-Traumatic Stress Disorder- General

Debra Kaysen



Expertise: PTSD

Titles/Positions:

- Adjunct Professor of Global Health and Psychology, University of Washington
- Professor of Psychiatry & Behavioral Sciences, University of Washington
- Director of the Trauma Recovery Innovations Program at the University of Washington

Contact Information:

dkaysen@uw.edu

Clinical Activities: treats anxiety and mood disorders, specializing in PTSD treatment, in adults as part of the University of Washington Outpatient Psychiatry clinic.

Media Links:

- [University of Washington](#)
- [The Economist, Oct. 2015](#)
- [Reuters, May 2015](#)
- [NY Times, June 2013](#)

Richard J. McNally



Expertise: PTSD

Other Areas of Expertise: Anxiety Disorders

Titles/Positions:

- Professor and Director of Clinical Training, Department of Psychology, Harvard University

Contact Information:

rjm@wjh.harvard.edu

Clinical Activities: not currently seeing patients.

Media Links:

- [Harvard University](#)
- [NY Times, Sept. 2016](#)
- [NY Times, Nov. 2014](#)
- [LA Times, Nov. 2007](#)
- [NY Times, March 2004](#)

Self-Injury & Suicide

Matthew Nock



Expertise: Self-injury & Suicide

Titles/Positions:

- Professor of Psychology, Harvard University

Contact Information:

nock@wjh.harvard.edu

Clinical Activities: a licensed clinical psychologist but not currently seeing patients.

Media Links:

- [Harvard University](#)
- [PBS News, Sept. 2016](#)
- [NY Times, June 2013](#)
- [Harvard Magazine, Feb. 2011](#)
- [MacArthur Foundation](#)

Substance Abuse

Kenneth J. Sher



Expertise: Substance Abuse

Other Areas of Expertise:

- Etiology of alcohol dependence, psychopharmacology of alcohol, prospective research, nosology and diagnosis, psychiatric comorbidity, personal and psychopathology.

Title/Position:

- Curators' Distinguished Professor of Psychological Sciences, University of Missouri

Contact Information:

sherk@missouri.edu

573-882-4279

Clinical Activities: not currently seeing clients.

Media Links:

- [University of Missouri-Columbia](#)
- [NIAAA News, June 2017](#)
- [CNN, Sept. 2013](#)
- [Science Daily, Aug. 2011](#)